



What Is Vedic Astrology?

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VEDIC **A**STROLOGY is a holistic discipline used to shine a light on aspects of our lives that usually we are not aware of; and is also used to assess, forecast, and improve the quality of our lives.

Purpose

The Sanskrit word for Vedic Astrology is *Jyotisha*. The literal translation reveals the purpose of this holistic discipline. *Jyotisha* means “light [and] lord”. Externally, the “lord of light” is the stars, including our sun. Internally, the “lord of light” is consciousness that is the source of our ability for “sight”, and of our capacity for “insight”. Vedic Astrology integrates the gross outer light of astronomy with the subtle inner light of astrological insight for the purposes of clarifying how our lives are unfolding in space over time, as well as when and how to change course.

You empower yourself when you are more conscious of unseen realms that affect you. Gaining insight provides the opportunity to learn how to reduce conflict and suffering, as well as increase harmony and wellness, creativity and productivity, and fulfillment. During a consultation, you can focus on learning more about your personality and psychology, family and other personal relationships, partnering and marriage, education, career and worksite relationships, finances, wellness, travel, spirituality, life-purpose, and any other experience that is of interest.

In sum, the purposes of a Vedic Astrology consultation are to learn more about the themes and patterns that are influencing your life, and to discuss measures that may help lessen suffering and enhance well-being. The ultimate goals of Vedic Astrology are to help you lead your life more in harmony with your deepest nature, and to enhance your awareness of the light of consciousness.

Method

A Vedic Astrologer interprets the observed conditions of the cosmos at the time of your birth to gain insight into the themes and patterns that influence you. These insights are then used to clarify your direction in life.

Your Vedic Astrology birth-chart is a *static* snapshot of the heavens viewed from the time and place of your birth. The chart depicts 12 solar constellations, 12 houses, and 9 planets. A *dynamic* component is also used in Vedic Astrology. During different times in your life, one of the 9 planets assumes added importance. For a set number of years, this planet takes on a heightened and primary significance.

Method, Continued

A Vedic Astrologer synthesizes the *static* and *dynamic* components of your birth-chart. Other factors are also brought into the mix, including the current location of the planets, often referred to as *transits*, and the 27 lunar constellations, known as the *nakshatras*.

The chart depicts mathematically calculated factors, the astronomical bare bones of your astrological existence. These factors carry an infinite variety of meanings. By identifying and integrating their meanings, a Vedic Astrologer is able to generate and weave together a meaningful narrative about where you have come from, how life is currently unfolding, and what the future portends.

Karma and Free Will

The translation of *karma* is *action*, including our *inner* experiential actions of thoughts, feelings, sensations, and desires. *Karma phala* translates as the *results of our actions*. Actions and their results continually catalyze new experiences and actions. In this way, fixed patterns in various areas of our lives are solidified and repeated.

Some *karma* is set in stone. The obvious example is that all of us are born and eventually die. The remainder of your *karma* has varying degrees of plasticity, even when they appear intractable. Analysis and interpretation of the birth-chart reveals the strength of these patterns, and how you might work with them.

Two qualities are essential for working with fixed karma: personal awareness coupled with reflective intentionality. Your capacity to be aware and to discriminate is an expression of free will. *Karma* is always in relationship with your conscious free will. You have the inborn ability to observe your *karma* even while still under its influence. Taking a step back and evaluating your *karma*, “good” and “bad”, provides you with opportunities to decide if, when, and how you wish to change the quality, trajectory, and outcome of these patterns. A Vedic Astrologer uses birth-chart analysis and interpretation to help you succeed in this endeavor.

When to Have a Vedic Astrology Consultation

There are many reasons to seek a consultation. Here are five examples:

- 1- When you are at a crossroads in your life, and seek clarity about the direction to pursue.
- 2- When you want to reduce your suffering.
- 3- If you wish to explore and understand your psychology from the Vedic perspective.
- 4- When you want to delve deeper into uncovering and understanding your life-purpose.
- 5- If you are curious, and want to learn more about your *karma*.

Origins

Vedic Astrology is a branch of the *Veda*, the source teachings of an unbroken universal wisdom tradition that has its origins more than 5,000 years ago in the ancient civilization of India. The oral tradition continues to this day, and a portion has survived in written form. The *Veda* poses questions about, seeks answers to, and offers methods for addressing our ultimate concerns: birth and death, security and enjoyment, pain and suffering, fulfillment and purpose, self-awareness and consciousness, and the eternal.

The people who first shared this wisdom are referred to as *rishis*, inspired poets and “seers”. They recognized that humanity is part of an intimately interconnected intelligent whole. Our lives are influenced by innumerable factors, seen and unseen; and our actions reverberate throughout the universe.

The *rishis* organized the wisdom of the *Veda* into 6 branches, referred to as *Vedanga*. Each branch is anthropomorphized as part of the body of the *Veda*. Vedic Astrology represents the eyes that are able to gain sight and insight into the hidden depths of our lives.

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